



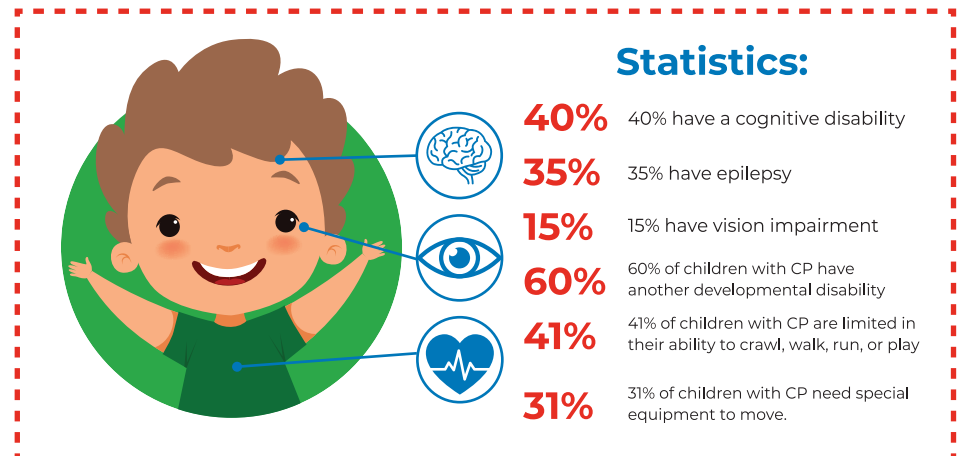
What is Cerebral Palsy?

Cerebral Palsy (CP) is a birth-related disorder that affects the brain and nervous system. The nerve damage caused by this disorder limits a child's motor skills. It affects a child's posture, ability to walk, and other movement. Impaired cognitive ability and epilepsy are also associated with this disorder.

Most children with Cerebral Palsy are diagnosed within their first two years of life, but diagnosis could be delayed up to 5 years depending on the severity of symptoms. Parents and caregivers should be aware of developmental milestones for their children as failing to reach these milestones are the best early indicator for the potential of CP.

CP Facts:

- Cerebral Palsy (CP) is the most common physical disability in childhood.
- There is no cure for Cerebral Palsy, however multiple types of therapy can assist in treating symptoms.
- The estimated lifetime cost of caring for a person with CP is almost \$1 million.
- The month of March is considered National Cerebral Palsy Awareness Month



RESOURCES:

- www.cerebralpalsyguide.com
- www.yourcpf.org
- www.mycerebralpalsychild.org



How can KidsCare Home Health assist with CP patients?

Physical and Occupational Therapy:

1. Improves muscle strength, coordination, motor skills and balance
2. Loosens muscles to prevent joint contracture
3. Improves functional use of the upper body to facilitate participation in school, play, and activities of daily living at home

Speech & Feeding Therapy:

1. Improves oral muscle function
2. Teaches alternative communication methods, like sign language.
3. Promotes effective swallowing & motility of food from plate to stomach.